

FUN FOR CHILDREN!

Get your children off to a healthy start to help their newly developing adult teeth while encouraging positive health habits for life.

At Davidoff Dental, we involve children in their progress. They will receive prizes and stickers for good performance!



PROJECT 32

Caring for all 32 teeth through life

Fill in a chart by brushing every morning and brushing and flossing every night. When you complete the chart, you receive a prize plus entry to a raffle to win £32!

Please contact Reception for a chart and further details.

The eatwell plate

Use the eatwell plate to help you get the balance right. It shows how much of what you eat should come from each food group.



How diet influences oral health

MEET OUR PREVENTION TEAM



B. DAVIDOFF

Examinations, overall monitoring of progress of each patient



CHAVA MASTERAN

Examination, teaching prevention, fillings where necessary



SHMULY DAVIDOFF

Teaching prevention, x-ray taking

DOROTA JAKOWIEC

Teaching prevention, x-ray taking

HADASSA LISSER

Administration

If fillings etc are needed, they will be detected at a very early stage, and will involve minimal size fillings. These will be seen to, according to our policy of Minimal Intervention, by:

B. Davidoff - Denplan and Private patients

C. Masteran - Independent patients. Independent of NHS system with prices of a similar nature.

C. Masteran will be available to see emergencies at short notice.

CONTACT DETAILS

- 103 Stamford Hill, London, N16 5TR
- Tel: 020 8800 0674
- Fax: 020 8880 2547
- admin@davidoffdental.co.uk
- www.davidoffdental.co.uk



PREVENTION DENTAL UNIT (PDU)

A glimpse at preventive dentistry for adults and children at Davidoff Dental

WELCOME TO OUR PREVENTION DENTAL UNIT (PDU)

In the local community there is far too much damage taking place and this is starting from an age as early as 2 years old!

This should not be happening and **IT CAN BE PREVENTED.**

Prevention applies to *all* ages including adult patients.

We believe Prevention will work under the following circumstances:

- **M**inimum 3 visits per year
- **M**easurement of oral indices at these visits, to ascertain your level of health, and to assess areas where improvement is needed.
- **M**otivation to apply your new understanding into daily action
- **M**aintenance - To develop the daily actions into long term good habits, and not to drop your guard



Our aim is to help prevent cavities and other health issues at all ages and stages of life

WHAT IS PREVENTIVE DENTISTRY?

Preventive dentistry helps you keep a healthy mouth. It helps you to keep your teeth, and means you need to have less dental treatment.

WHO CAN BENEFIT FROM PREVENTIVE DENTISTRY?

Everyone! Children, in particular, benefit because it allows their newly developing adult teeth to come in strong and healthy. If you're an aging adult, you can benefit from preventive dentistry as it helps you to keep your real teeth.

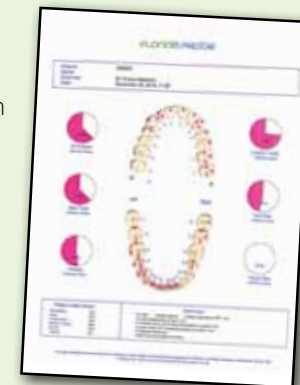
WHAT ARE THE BENEFITS OF PREVENTIVE DENTISTRY?

- Oral health is connected to the health of your body as a whole. This is because the mouth is a breeding ground for harmful bacteria. Maintaining a clean mouth benefits your overall health and well being as oral diseases can interfere with eating, speaking, daily activities and self-esteem.
- With good dental hygiene, you can greatly reduce your risk of getting cavities, gingivitis, periodontitis, and other dental problems. This, in turn, can reduce your risk of secondary problems caused by poor oral health such as heart disease etc.
- During pregnancy, the mouth is more susceptible to change. You should continue to practice or adopt good preventive oral health if you're pregnant. This includes visiting your dentist for routine checkups during your pregnancy.
- As well as saving time and discomfort often associated with dental treatments, practicing good preventive health can save you money. Even with dental insurance, the costs associated with poor oral hygiene can add up. While preventive dentistry may not completely eliminate your need for fillings, root canals, or dental implants, it can go a long way in reducing your need for these costly treatments.

A GLIMPSE AT OUR PROGRAM

We measure and monitor the following long-term indicators:

- Plaque quantity
- Plaque position on teeth
- Bleeding points
- Pockets
- Current level of Oral Hygiene standard (0-8)
- Diet
- Other specialised needs



Our program includes:

- Colouring teeth to measure quantity & position of plaque
- Providing personal scores and charting printouts
- Prize incentives for children
- Monitoring parent supervision of children
- Diet analysis
- Test of susceptibility - analysing bacteria in mouth
- quantity and quality of saliva
- Get to view your own plaque results
- Educational videos and talks
- Minimal Intervention filling techniques
- Fissure sealing
- Fluoride application
- General Health Assessment

Please contact Reception for further details.